



Second Sunday of Lent

Sunday 1st March 2026

All Age Worship

Collect

O God, you see that we lack the strength to help ourselves: protect us both inwardly and outwardly; that our bodies may be guarded from adversity, and our minds may be defended from such thoughts as assault and harm the soul; through Jesus Christ, our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, world without end. **Amen**

Hymns

Processional	19	All my hope
Gradual	838	It's me
Offertory	303	I cannot tell
<i>Communion</i>	780	Break the bread
<i>Communion</i>	312	I lift my eyes (new)
Recessional	695	To God be the glory

Communion

Everyone is welcome to receive Communion. We offer both bread and wine sipped from the common cup. We no longer offer intinction. Receiving in one kind is also a complete Communion. If you prefer this option, simply come forward to receive the bread then return to your seat. If you wish to receive a blessing from the priest, please indicate this by placing your hands on your chest. If you wish to receive Communion in your pew or require gluten-free bread please inform one of the welcome team. During the offertory hymn the collection will be taken at the pew. If you wish to donate to the church by another means, or to gift aid your

donation please contact Ian, the Treasurer or Doreen. Thank you for your generosity.

OLD TESTAMENT - 12.1 - 4a

The LORD said to Abram, "Leave your country, your relatives, and your father's home, and go to a land that I am going to show you. I will give you many descendants, and they will become a great nation. I will bless you and make your name famous, so that you will be a blessing. I will bless those who bless you, but I will curse those who curse you. And through you I will bless all the nations." When Abram was seventy-five years old, he started out from Haran, as the LORD had told him to do; and Lot went with him. Abram took his wife Sarai, his nephew Lot, and all the wealth and all the slaves they had acquired in Haran, and they started out for the land of Canaan.

GOSPEL - John 3.1 - 17

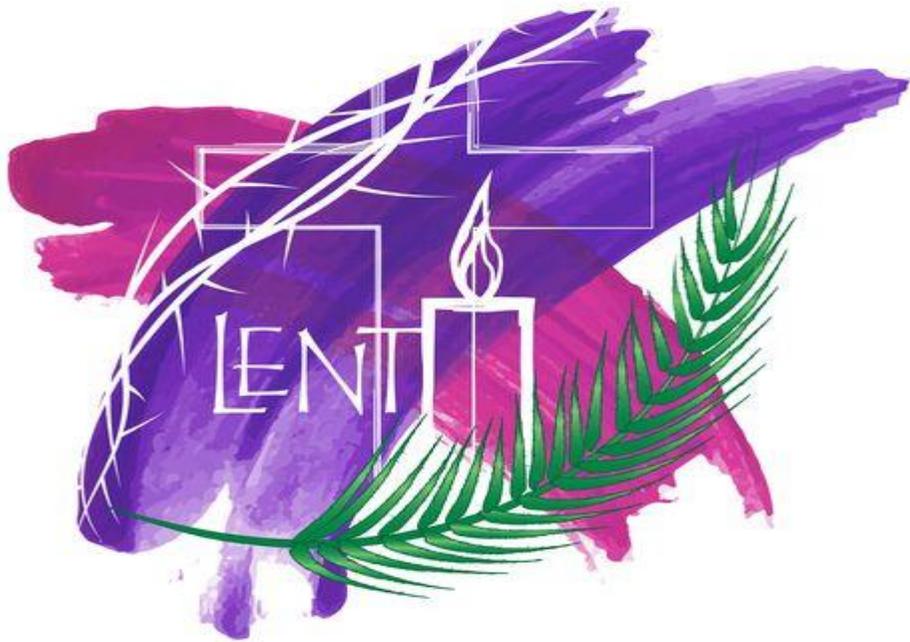
After dark one night a Jewish religious leader named Nicodemus, a member of the sect of the Pharisees, came for an interview with Jesus. "Sir," he said, "we all know that God has sent you to teach us. Your miracles are proof enough of this." Jesus replied, "With all the earnestness I possess I tell you this: Unless you are born again, you can never get into the Kingdom of God." "Born again!" exclaimed Nicodemus. "What do you mean? How can an old man go back into his mother's womb and be born again?" Jesus replied, "What I am telling you is this: Unless a person is born of water and the Spirit, he cannot enter the Kingdom of God. Men can only reproduce human life, but the Holy Spirit gives new life from heaven; so don't be surprised at my statement that you must be born again! Just as you can hear the wind but can't tell where it comes from or where it will go next, so it is with the Spirit. We do not know on whom he will next bestow this life from heaven." "What do you mean?" Nicodemus asked. Jesus replied, "You, a respected Jewish teacher, and yet you don't understand these things? I am telling you what I know and have seen - and yet you won't believe me. But if you don't even believe me when I tell you about such things as these that happen here among men, how can you possibly believe if I tell you what is going on in heaven? For only I, the Messiah, have come to earth and will return to heaven again. And as Moses in the wilderness lifted up the bronze image of a serpent on a pole, even so I must be lifted up upon a pole,

so that anyone who believes in me will have eternal life. For God loved the world so much that he gave his only Son so that anyone

who believes in him shall not perish but have eternal life. God did not send his Son into the world to condemn it, but to save it.

NEW LAIGH KIRK

On Wednesdays at **7pm from February 25 to March 25** there will be Lent study discussions at New Laigh Kirk. These are based on material called "Come, Follow Me", Jesus says. This explores questions which are important for everyone. What is it like to be a Christian when the way forward seems unclear, when there are few signs illuminating the way and the wilderness seems to stretch on and on? What does following Jesus mean when we're daunted, overwhelmed, exhausted or lost? Everyone is invited to come and join in this discussion. Please enter at the Bank Street door.



Regular activities and groups at Holy Trinity -

Morning Prayer is on Tuesday at 9.30am (Zoom only)

Tuesday - Taekwondo class 7pm

Wednesday - Bible Study 11am (2nd of the month)

Mothers Union - 2pm (2nd of the month)

AA Group 7.30pm

Thursday - Movement to Music 10am

Craft Group 11am (1st of the month)

Taekwondo class 7pm

Saturday - AA Group 7.30pm

Sunday - AA Group 7.30pm

Contact info

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